

Shree Hanuman Chalisa

II Doha II

Shri Guru Charana Saroj Raja, Nija Mana Mukura Sudhaar I
Baranou Raghubara Bimala Jasu, Jo Daayaku Phala Chaar II

Buddhi Heena Tanujaanike, Sumeero Pawana Kumaar I
Bala Buddhi Vidhya Dehu Mohi, Harahu Kalesha Vikaar II

After cleaning the mirror of my mind with the dust from my guru's lotus feet, I recite the pure glory of Sri Rama, which provides the four fruits of life. Having understood that I am devoid of intellect, I am remembering Hanuman, the son of Pavan. I request him to grant me intellect, power, and knowledge and to remove my flaws and sufferings.

II Chaupai II

Jai Hanuman Gyana Gunasagara, Jai Kapeesa Teeno Loka Ujaagara
Rama Doota Atulita Baladhaamaa, Anjanee Putra Pawanasuta Naama

Salutations to Hanuman, the ocean of jnana and virtue; salutations to the king of vanaras, who is renowned in the three worlds, is the messenger of Sri Rama, possesses incomparable strength, and is known as Anjani-putra ("child of Anjani") and Pavan-putra ("son of wind").

Mahabir Bikram Bajarangee, Kumatee Nivaara Sumatee Ke Sangee
Kanchana Barana Biraaja Subesha, Kanana Kundala Kunchita Keshha

O Hanuman! You are supremely powerful and heroic, have a physique like lightning, ward off evil thoughts, and grant the companionship of wisdom. You possess a golden complexion, wear auspicious attire, are adorned with ear-rings, and have curly hair.

Haatha Vajra Aur Dhwajaa Birajay, Kaandhe Moonj Janeun Saaje
Shankara Suvana Kesaree Nandana, Teja Pratapa Maha Jaga Vandana

You carry lightning and a flag in your hands and wear a sacred thread over your shoulder. You are Shiva-incarnate and the son of Kesari. The whole world praises you for your brilliance.

Vidya Vaana Gune Aati Chatur, Ramakaja Kareebe Ko Aatur
Prabhu Charitra Suneebe Ko Rasiya, Rama Lakhana Seeta Mana Basiya

You are extremely intelligent, virtuous, and smart and are always keen to work for Rama. You enjoy listening to Rama's praise and live in the hearts of Rama, Sita, and Lakshman.

Suukshma Roopa Dhari Siyahi Dikhava, Vikata Roopa Dhari Lanka Jarawaa
Bhima Roopa Dharee Asura Sanhaare, Ramachandra Ke Kaaja Sanwaare

Though you appeared before Devi Sita in a tiny form, you assumed a fearsome form to burn Lanka. You assumed a gigantic form to annihilate asuras and make preparations for Rama's divine plan.

Laaye Sanjeevan Lakhana Jiyaye, Shri Raghubeera Harasheera Laaye
Raghupatee Keenhi Bahuta Badaayii, Tum Mam Priya Bharata Sama Bhayee

By bringing the *Sanjivani* (herb) to revive Lakshman's life, you filled Sri Rama's heart with happiness, who then embraced you. Rama praised you extensively and stated that you are as dear to him as Bharata, his brother.

Sahas Badan Tumharo Jas Gave, Asa Kahe Shreepathe Kantha Lagaave
Sanaka Dik Brahma Dee Muneesa, Narada Sharada Sahita Aheesa

After saying that the thousand-hooded Sheshnaga sings your praise, Rama, the Lord of Shri, embraced you. When Sanaka and his brothers, Brahma and the *munis*, Narada, Devi Saraswati;

Yama Kubera Digapaala Jahan Te, Kavi Kovida Kahee Sakay Kahan Te
Tum Upakaara Sugreevaheen Keenha, Rama Milaaya Rajapada Deenha

Yama, Kubera, and Digpala can not describe your glories, how can poets and scholars describe them? As a result of your beneficence, Sugreeva met Rama and got his throne.

Tumharo Mantra Vibheeshana Maanaa, Lankeshwara Bhaye Saba Jaga Jaanaa
Juga Sahastra Yojana Par Bhanu, Leelyo Taahi Madhura Phala Jaanu

The world already knows that Vibhishana became the king of Lanka by following your advice. You swallowed the Sun, located thousands of miles away, believing it to be a sweet fruit.



**Prabhu Mudrika Meli Mukha Mayee, Jaladhi Laanghee Gaye Acharaj Nahee
Durgama Kaaja Jagatke Je Te, Sugama Anugraha Tumhare Te Te**

It is unsurprising that you jumped over the ocean with Rama's ring in your mouth. The impossible tasks of the world become easy with your grace.

**Rama Duaare Tuma Rakhawaale, Hota Na Aagyan Bina Paysaare
Sab Sukh Lahai Tumhari Sarana, Tum Rakshak Kahoo Ko Darna**

You guard the door to Rama's abode, which no one can enter without your approval. Your refuge provides absolute happiness, and no fears exist with you as one's protector.

**Aapan Tej Samhaara Aape, Teeno Lok Haankate Kaapein
Bhoota Pishaacha Nikata Nahee Aave, Mahabeera Jaba Naama Sunaavay**

Only you can control your energy and brilliance; the three worlds quiver when you roar. Evil souls do not approach a person who recites the name of Hanuman.

**Naashai Roga Hare Sab Peera, Japata Nirantara Hanumatha Beera
Sankat Se Hanuman Chudave, Man Krama Bachana Dhyani Jo Laave**

The continual chanting of Hanuman's name removes all diseases and sufferings. Whenever someone remembers Hanuman using mind, action, or word, his or her hardships are removed.

**Sab Para Raama Tapasvi Raja, Tinake Kaaja Sakal Tum Saaja
Aur Manoratha Jo Koyee Laave, Soyee Amitha Jeevan Phala Paave**

O Hanuman, you even fulfilled the objectives of Rama, the ultimate yogi who rules over the universe. Whoever discloses his or her hopes before you attains incalculable fruits of life.

**Charahu Yuga Parataapa Tumhara, Hai Parasiddha Jagata Ujiyaaraa
Sadhu Sant Ke Tuma Rakhwaale, Asura Nikandana Raama Dulare**

Your brilliance and glory span all the four yugas and brighten up the entire universe. You are the protector of seers and saint, the destroyer of evil beings, and the dearest to Rama.

**Ashta Siddhi Nava Nidhi Ke Daataa, Asabara Deena Jaankee Maataa
Rama Rasayan Tumhare Paasaa, Sadha Raho Raghupathee Ke Daasaa**

As a result of a boon from Mother Sita, you can bestow the eight siddhis and nine riches upon anyone. Because you hold the nectar of Rama bhakti, you always remain in Rama's service.

**Tumhare Bhajan Ram Ko Paave, Janma Janma Ke Dukha Bisaraave
Antha Kaal Raghupatee Pura Jaayee, Jahaa Janma Hari Bhakta Kahayee**

Your adoration leads a being to Bhagavan Rama, and he or she forgets the sufferings experienced over previous lifetimes. After concluding one's time on Earth, the being reaches the abode of Rama and eternally remains his devotee.

**Aur Devatha Chit Na Dharayee, Hanumatha Seyi Sarva Sukha Karayee
Sankata Kate Mite Sab Peera, Jo Sumeere Hanumatha Bala Beera**

A devotee of Hanuman need not worship any other god, for Hanuman's devotion is sufficient to grant complete bliss. All misfortunes and pains are eliminated by remembering the supremely powerful Hanuman.

**Jai Jai Jai Hanuman Gosai, Kripa Karahu Gurudeva Kee Naayee
Yeh Shata Baar Paatha Kara Joyee, Chutahee Bandhee Maha Sukha Hoyi**

Hail to you, Lord Hanuman! Please grace me as my guru. Whoever recites this prayer a hundred times is liberated from bondage and experiences the greatest joy.

**Jo Yeha Pade Hanuman Chaleesa, Hoye Siddhi Saakhee Goureesa
Tulasidasa Sada Hari Chera, Keejay Naatha Hridaya Maha Dera**

Whoever reads this Hanuman Chalisa becomes spiritually accomplished; Bhagavan Shiva himself is the witness to this. Tulasidasa is an eternal servant of Sri Rama. O Lord Hanuman! Please dwell in my heart.

// Doha //

**Pawana Tanaya Sankat Harana, Mangala Muuratee Rupa I
Rama Lakhana Seeta Sahita, Hridaya Basahu Sura Bhoop II**

O son of Pavan! You are the remover of miseries and the embodiment of auspiciousness. Please reside in my heart, O King of gods, with Rama, Lakshmana, and Sita.

